



Dharma Circle April 2020 Summary

One of the roots of our Dharma, is the understanding of Desire. Alfred North Whitehead was the first famous person to write about the fact that there is an interiority of Reality that Science doesn't capture. Mathematician Freeman Dyson spoke about a dimension of volition – free will, that exists all the way up and all the way down. Subatomic particles have a proto-sense of volition and freedom. Freedom, however, evolves. It acts differently in a rock than in a human being. And just as there is free will at all levels of existence, this experience we call “*desire*”, is not local to us and it is always evolving.

Desire is part of the structure of the universe. When we dissociate from desire, we're in trouble, because desire is the living essence of Kosmos. So, we never want to get beyond desire.

“My personal life is the evolution of desire”.

No Human Being is ever self-satisfied by themselves; we long to be received and understood. We have this inconsolable yearning for a better place to be; we long for deeper wholeness and greater aliveness.

“Longing is a fundamental part of my nature”.

As Human beings, we are able to feel desire as part of our identity. Through our desire, we can have an experience of the radical goodness of reality. Because the experience of desire feels good, it tells us that reality is self-evidently good.

There is fierce power surging through me when I surrender to the larger field of Desire. The experience of longing and yearning gives me a sense that I'm aligning with something larger. I am immersed in the fullness of presence, but not in the sense of “be here now”. When I experience myself being desired and desiring, I feel personally addressed by Kosmos and

the quest for the meaning of life disappears, as I find my place in Kosmos. That is the dignity of desire.

Desire is not a quality of the sexual, it's a quality of Kosmos – the sexual models the Erotic, doesn't exhaust it.

Desire/ Eros is the force that holds all the cells in my body together. It is the force that holds all parts of Kosmos together through allurements. When we see all that in the depth of its unfolding, we can only fall in ecstasy.

At a certain point in our life, Desire happens to us. As we grow and deepen we have to choose to experience it as a portal to the goodness of LIFE itself. Of course, we keep the appropriate boundaries, yet, there is a purity of desire, which has to do with the goodness of desire. When Desire disappears, we turn it into Love. Desire and Love work together. We choose Desire, just as we choose Joy. Not as a by-pass. True Joy includes everything. Including pain. We chose Joy and Desire, as an active choice.

"I choose to reclaim the goodness, the purity, the inherent need for desire".

Need causes evolution to happen. It drives all Reality. When we can feel in the body the goodness of desire, then the sexual starts to model Eros. The Sexual is a guide - you want to access the sexual in order to access the desire that lives in your body, to be open to the goodness of reality.

"I feel Eros in all aspects of my life".

Sexuality that is not ecstatic, falls short of being filled with Eros, which is what it is meant to be. We've got to be aflame with radical desire as we invest the revolution of consciousness. There is no spilt between the Erotic desire to kiss and merge sexually with the beloved, and the desire to do good in the world.

"The Erotic and the Holy are One.

Desire is always holy. Even the distorted, pathological forms of desire, if we follow the desire to its root, we find the sacred. That's what the mystics mean, when they say that *"the world is too holy to hold things that are taboo"*.

When we don't recognize the inherent holiness of Desire, we dissociate reality from its own inherent nature.

"We live in a Universe that desires, and the universe that desires, lives in us".

In conclusion:

We never want to settle for the idea that desire disappears in the fullness of the Now. That's a terrible mistake. We want to liberate ourselves from pathological desire. When we move from Separate self to True Self, we liberate ourselves from pseudo-desire and we stabilize into that which has no desire, True Self. This is the first step.

But then, from there we want to fully reclaim desire, as Unique Self and as Evolutionary Unique Self to access the inherent desire of Kosmos moving through me as the evolutionary impulse itself.